

Draft Programme

The Great Room – level 3

10:00 AM – 10:30 AM | Registration & Refreshments

- Networking opportunity
- Ice breaker (set out on tables)
- Explore exhibition (The Round Bay)
- Meet the Support Group leaders
- Supporters lounge – for family members, friends, loved ones (The Landing Room)

10:30 AM – 10:40 AM | Opening Remarks – Richard Davidson, Sarcoma UK Chief Executive

- Welcome
- Introduction to the Day

10:40 AM – 11:00 AM | Topic: State of the Nation Review – Spotlight on Early Diagnosis

Speaker: Andy French – Policy and Public Affairs Manager, Sarcoma UK

11:00 AM – 11:20 AM | Topic: Challenges of Diagnosing Sarcoma

Speaker: Dr Naomi Carson – Consultant Histopathologist, North Bristol NHS Trust

11:20 AM – 11:40 AM | Topic: Coping with Anxiety and Fear

Speaker: Dr Veronica Wilshire – Clinical Psychologist, North Bristol NHS Trust

11:40 AM – 12:00 PM | Topic: Evidence for Self-help Strategies – Exercise, Diet and Gut Health

Speaker: Professor Robert Thomas – Consultant Oncologist, Bedford and Addenbrooke's Cambridge University Hospital Trusts – Lead for Integrative Oncology, Royal London Hospital for Integrated Medicine – Exercise and Nutritional Scientist, University of Bedfordshire

12:00 PM – 12:15 PM | Topic: 'Only one way back' – personal experience

Speaker: Stephen Downes – Patient Advocate

12:15 PM – 12:30 PM |

Questions for morning speakers

12:30 PM – 2:00 PM | Lunch Break – lunch served in Restaurant on level 0

- **12.45 PM – 1.15 PM** - Group Sound Bath session (The View Room)

2:00 PM – 2:45 PM | Expert Panel Discussion/Q+A – choose either session

Advances in Diagnosis, Treatment and Clinical Trials

Bone Sarcoma – The Tiffany Room

Panellists:

Helen Stradling, Sarcoma UK Nurse, Head of Support and Healthcare Professional Engagement Services (Chair)

Mr Mike Parry – Consultant Orthopaedic Oncologist, Royal Orthopaedic Hospital, Birmingham

Dr Lucia Cottone – Senior Research Fellow, University College London

Jayne Masters – Specialist Physiotherapist – Sarcoma Pathways, North Bristol NHS Trust

Lisa Hall – Patient Advocate

Soft tissue Sarcoma and Desmoid Tumours – The Great Room

Panellists:

Sam Hackett – Sarcoma UK Nurse, Healthcare Professional Engagement Lead (Chair)

Dr Adam Dangoor – Consultant Medical Oncologist, University Hospitals Bristol & Weston

Sorrel Bickley – Director of Research, Policy and Support, Sarcoma UK

Becky Peach – Sarcoma Clinical Nurse Specialist, North Bristol NHS Trust

Pippa Hatch – Patient Advocate **TBC**

2:45 PM – 3:10 PM | Refreshments

3:10 PM – 3:30 PM | Topic: Late Effects of Cancer Treatment

Speaker: Zoe Walker – Macmillan Radiotherapy Late Effects Radiographer, University Hospitals, Bristol and Western NHS Foundation Trust

3:30 PM – 3:40 PM | Topic: Sarcoma Research - A Day in the Life of a PhD Student

Speaker: Justas Stanislovas, University College London Cancer Institute

3:40 PM – 3:50 PM |

Questions for afternoon speakers

3:50 PM – 4:00 PM | Closing Remarks & Evaluation – Richard Davidson, Sarcoma UK Chief Executive

- Summary/reflections
- Upcoming events
- Continue conversations